



FIRST PERSON Training Saves Life



Feldcher Damira with the little girl she saved. Photo: ZdravPlus

Damira says that before the USAID-provided training in basic emergency care, she “simply would not have known what to do.”

One-year-old Aidana had been sick for a while. Her mother thought it was simply a cold. But that morning, all was different...

Aidana woke up with a high temperature. The girl moaned a few times, and then her breathing stopped. Stimulating the child did not help, and the mother called the ambulance. Minutes later, they were being rushed for the children's hospital, which was 15 minutes away.

Feldsher Damira, who was with the mother and child in the back of the ambulance, knew that time was of the essence. Having completed a USAID-supported training in basic emergency care, Damira swiftly assessed the girl: Aidana was not breathing and had no pulse. Remembering what she had learned at the training, the feldsher began resuscitation. After a few cycles, Aidana started breathing, the pulse came back, but her body was very cold. The feldsher wrapped the child in her jacket, and soon Aidana's conditions improved, she became conscious, began to cry, and the colour returned to her face.

Now Aidana is back home and doing very well. The feldsher is happy that she had taken the USAID-supported training and was able to save the girl. Damira says that before it, she “simply would not have known what to do.”